

Training for counsellors

Creativity in Practice, Li Laurent

Overview:

Creativity in Practice is a unique 3-hour immersive workshop that explores play, the arts, and comedic methodology to create a more impactful experience for clients, and a more dynamic (and *enjoyable*) practice for practitioners.

The counselling and psychotherapy industry is continuously changing and so is our awareness of how we can meet *with* our client's individuality. This workshop acknowledges the complex reality of our work and helpfully uses evidence-based approaches to support your adaptivity to meet the varying ways in which we can engage our clients.

All you need to bring is yourself, a pen and notebook, the rest is just about taking part!

Who is this course for?

Therapists, counsellors, creative arts practitioners, and wellness coaches - any professionals who provide psychotherapeutic support who are seeking tools to enhance their impact, improve best outcomes and shake up their day-to-day role. If you're looking to diversify your practice, build your skillset, refresh your approach or challenge talk-therapy norms, this workshop explores creativity and play, specifically, using Improvisational techniques and how they can help to facilitate deeper connections with clients.

When: Sunday 14 September 2025; 10am-1pm

Cost: £60 per person

Where: Training for Counsellors, Haydock House, Haydock Mews, Pleckgate Road, Blackburn, Lancashire. BB1 9RP

We can't wait to welcome you!

Interested? Booking link at www.training-for-counsellors/book-online



Call or Text
01254 476704



Email
info@training-for-counsellors.co.uk



Website
training-for-counsellors.co.uk

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About Li Laurent.

Li is an Accredited Mental Health Social Worker, published researcher and specialist vocal coach practicing internationally, whilst completing her doctorate in counselling and psychotherapy. Alongside her full-time career, Li continues to work as an established singer-songwriter in the music industry.

Li is known for her work around self-esteem and innovative practice, which looks at creating simple solutions that promote individualism and seek to actualise authenticity. Li's facilitation style is dynamic, engaging, solution focused and encourages learning as a continuous and evolving process. Conversational, no-nonsense and rife with evidence-based practice paired with anecdotal lessons of earned wisdom.

Li's Recent Publications & Media

[Exploring Buddhism as a "tool"](#) - Laurent, L. (2021)

["Not A Genre"](#) - Newcastle Live Interview

[Not a Genre](#) - Spotify Album

About Training for Counsellors

Training for Counsellors was established in 2024 by Samantha (Sam) Crapnell because she wanted to celebrate the vast amount of knowledge, skills, passion and commitment that exists locally in our profession.

'We' are comprised of a growing team of people who are: designing and facilitating (or co-facilitating) courses and CPD activities, knowledge sharing their areas of interest to the benefit of clients and personal/professional development of the practitioners; becoming regular members of the Community of Practice; contributing to the ever extending library of books and learning resources; and sharing the word about what we are trying to bring to our community, our profession and our clients.

As a result, the company is developing quickly offering qualifying courses, training certificates, in person and online CPD opportunities that are relevant to practice. And we are proud of what we offer because the regular feedback confirms that we are offering learning opportunities that allow people to learn in their own way, taking away what they need.



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