

Training for counsellors

Working with Dreams

Overview:

The aim of this experiential training encourages the participants to delve into the psyche and begin to understand the messages from unconscious material within dreams. The two models used in the training focus upon ideas from the Gestalt and Jungian schools. Each individual will be given some insight into the theoretical models and then be encouraged to share their dreams and experiences with other participants.

Who is this course for?

The workshop is written to encourage both personal and professional development. Therefore, clinicians working therapeutically with clients can use this in their work, along with anyone who already has knowledge in this area and is interested in developing an understanding of their own unconscious material.

When: Sunday 9 March 2025

Time: 10:00 – 16:00

Cost: 70.00

Where: Training for Counsellors, Haydock House, Haydock Mews,
Pleckgate Road, Blackburn, Lancashire. BB1 9RP

Interested? Booking link at www.training-for-counsellors.co.uk/book-online



Call or Text
01254 476704



Email
info@training-for-counsellors.co.uk



Website
training-for-counsellors.co.uk

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About Lesley Wilson



Lesley is a qualified Trainer, Supervisor and Psychotherapist with 27 years' experience in the field of psychological therapies.

She has written and delivered training throughout the UK, including writing for the PG Dip/MA Integrative Psychotherapy and IAPT Counselling for Depression, and PCE-CfD Supervision Training, all whilst in my role as Senior Lecturer for The University of Central Lancashire. She is currently an Associate Lecturer with Warwick University and occasionally at University of Cumbria.

All experiential training combines theoretical knowledge with clinical practice which is grounded in psychotherapeutic work. "I believe that all individuals, given a safe space, can discover authentic, innate aspects of self which are intrinsic to the encouragement of emotional maturation and psychological well-being."

About Training for Counsellors

Training for Counsellors was established in 2024 by Samantha (Sam) Crapnell because she wanted to celebrate the vast amount of knowledge, skills, passion and commitment that exists locally in our profession.

'We' are comprised of a growing team of people who are: designing and facilitating (or co-facilitating) courses and CPD activities, knowledge sharing their areas of interest to the benefit of clients and personal/professional development of the practitioners; becoming regular members of the Community of Practice; contributing to the ever extending library of books and learning resources; and sharing the word about what we are trying to bring to our community, our profession and our clients.

As a result, the company is developing quickly offering qualifying courses, training certificates, in person and online CPD opportunities that are relevant to practice. And we are proud of what we offer because the regular feedback confirms that we are offering learning opportunities that allow people to learn in their own way, taking away what they need.



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